

# PARENT BREAKFAST SURVEY

Your child has been learning at school about the importance of eating breakfast. We would like some feedback from you about their recent breakfast habits.

1. Does your child usually eat breakfast on weekdays?

☐ Definitely      ☐ Sometimes      ☐ Not very often

2. Has your child suggested a new breakfast idea in the past few weeks (to eat at home)?

☐ Yes      ☐ No      ☐ Not sure

3. Can your child name a good reason to eat breakfast (ask them!)? What did they say?

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4. How many days does your child eat breakfast **at school**? \_\_\_\_\_

5. My child would eat breakfast more often at school if: \_\_\_\_\_

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6a. Have you ever eaten breakfast at school with your child?    ☐ Yes    ☐ No

6b. What is your opinion of school breakfasts?

☐ Great      ☐ OK      ☐ Not very good      ☐ Don't know

7. We are always looking for new breakfast ideas (to serve at school). Please give us one suggestion of a breakfast item your child(ren) likes:

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8. Any other suggestions about how we can improve the meals we serve at school?

**THANKS!!    THANKS!!    THANKS!!    THANKS!!    THANKS!!**